

DO YOU WANT TO EXPERIENCE WHAT COLLEGE IS LIKE? OR TRY LIVING AWAY FROM HOME? DO YOU WANT TO LEARN AND PRACTICE THE SKILLS THAT EMPLOYERS WANT? MAKE FRIENDS AND HAVE FUN?

The Transitions **SUMMER IMMERSION EXPERIENCE** is a readiness program for students with autism, ADHD and other learning differences.



CHOOSE BETWEEN TWO SPECIALIZED TRACKS ACCORDING TO YOUR NEEDS AND GOALS:

College and Beyond

Personalized and innovative pre-college programs for students entering grades 9-12 or transferring colleges.

Students thrive best where a college's supports best match their unique needs. This program helps students determine what their needs are and expose them to different types of college programs so they can decide which setting best fits them.

In this program, students will:

- Tour colleges and learn about their ASD/LD supports
- Work at an internship with coaching and feedback
- Earn college credit
- Learn communication, social and independent living skills
- Hear from other college students with learning differences
- Live in college dorms with roommates
- Socialize, make friends and HAVE FUN!

TWO-WEEK SESSIONS:

- June 29 – July 11, 2025
- July 27 – August 8, 2025

THREE-WEEK SESSIONS:

- June 22– July 11, 2025
- July 20 – August 8, 2025

Career and Life

Life-changing and individualized career prep programs for young adults up to age 27 who want to start careers and live on their own.

Statistically, most people lose jobs due to lack of skills and preparation needed to enter the workforce. The career-focused program teaches students core skills essential for career success as well as help them find and maintain jobs that make them feel happy, secure and fulfilled.

In this program, students will:

- Work at an internship with coaching and feedback
- Learn and practice the skills employers want
- Develop an employment portfolio
- Tour prospective job sites and speak to employers
- Earn college credit
- Learn independent living skills
- Enhance your personal safety skills

SUMMER IMMERSION EXPERIENCE FEES:

- Two weeks: Mayfield - \$4,200 residential/\$1,800 commuter
Albany - \$4,925 residential/ \$1,800 commuter
- Three weeks: Mayfield - \$5,900 residential/\$2,700 commuter
Albany - \$6,700 residential/ \$2,700 commuter



**PREPARING TEENS AND YOUNG
ADULTS AGES 15-27 WITH AUTISM
AND LEARNING DIFFERENCES FOR
COLLEGE, CAREER AND LIFE**

P.O. Box 196 | 2736 NY-30, Mayfield, NY 12117
2 Tower Place, Stuyvesant Plaza, Albany, NY 12203
P.O. Box 880 | 106 Suffolk Circle, Cobleskill, NY 12043
admissions@transitionsusa.org
www.transitionsusa.org

Transitions Core Curriculum

Self Management

- Executive functioning groups
- Reframing
- Problem solving
- Life goal management
- Time management
- Study Strategies
- Decision-making

Wellness

- Individualized coaching sessions
- Nutrition plans
- Exercise plans
- Goal setting
- Medication overview
- Stress management

Independent Living

- Budgeting
- Medication independence
- Travel
- Cooking
- Cleaning
- Networking

Relationships

- Conversational Skills
- Building friendships
- Handling conflict
- Bullying and reputation
- Electronic communication
- Planning events

Leadership

- Self-advocacy
- Communication
- Disability awareness
- Delegating
- Organization
- Creating a vision
- Disclosure of personal strengths

College and Beyond

- Campus navigation
- College support
- Future planning
- Vocational program guidance

Career

Various Internships to gain workplace experience

Transitions Collaborators

